



# WORKSHEET 5

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**INSTRUCTIONS:** Take a moment to think about the following questions. The answers to these questions will help uncover certain downloads that may be in your DNA preventing you from achieving the very best life for yourself.

**QUESTION #1:** WHAT DOES SUCCESS LOOK LIKE?

**QUESTION #2:** WHAT'S STANDING IN YOUR WAY?

**QUESTION #3:** WHAT HAVE YOU DONE TO TRY TO SOLVE THE PROBLEM?

**QUESTION #4:** WHAT WILL HAPPEN IF YOU DON'T TAKE THIS STEP?

**QUESTION #5:** WHAT ARE YOUR NEXT STEPS MOVING FORWARD?

**QUESTION #5:** WHAT HAPPENS IF NOTHING CHANGES - WHAT DOES THAT LOOK LIKE?